



Short term EVS

SUSTAINABILITY QUEST RE:BOOT

18th of September - 15th of November 2017
Zagreb, Croatia

INFO PACK



Dear new EVS-er,

We want to warmly welcome you at our organization O.A.ZA.! We are happy you want to do your EVS with us and very excited we'll meet you soon in person and get active working together on our wonderful Sustainability Quest project in Zagreb! To help you prepare for this experience and have a good time we have prepared some useful information for you in this document. If you have any more questions just write an e-mail to our helpful EVS coordinator Andrea at volunteers@oazainfo.hr

And if you want to get an impression of O.A.ZA.'s other EVS-ers adventures and experiences, check out our EVS blog at <http://blog.oazainfo.hr/>

PROJECT DESCRIPTION

The "Sustainability Quest Re:Boot" is a short term EVS project oriented to mobilizing and motivating young people of Zagreb to actively engage in the concept of sustainable development and give their personal contribution.

The main focus of the voluntary service will be the organization of two events:

- **"Sustainability Challenge"** is a 1-month long challenge aimed at actively encouraging sustainability among local youth. Volunteers' task will be to assemble a list of possible individual efforts and commitments from which participants in the challenge will later choose an individualised list to pledge over a period of the challenge in order to become more sustainable. The volunteers will actively promote this challenge within the local community through local outdoor actions and via social media. They will also organise challenge launch event, personally take part in challenge and offer support, motivation and inspiration to the people taking part in challenge to keep their pledge.
- **"Days of Sustainable Development for Youth" (DORM)** is a 3-day event organised in the local community target at young people, teachers, decision makers and NGO workers. Volunteers will take part in organising, promoting and hosting the event, giving their individual contribution through personal project. The focus over 3 themed days will be on different Important aspects of sustainability: **socially responsible entrepreneurship, environmental protection and personal development through holistic approach.**

The project will take place from **18/09 to 15/11/2017** and it will involve **12 volunteers from 6 different European countries** (Hnutí Brontosaurus - Czech, Hellenic Youth Participation - Greece, Legambiente Prato - Italy, ProAtlantico - Portugal, SFERA Macedonia - FYR Macedonia, The Lotus Trust - UK) who are highly motivated and have some experience with youth work and personal interests in the field of sustainable development.

The project will take place in Zagreb, capital of Croatia which shows its special charm in autumn when numerous city parks are dressed in beauty of the reddish and brownish leaves.



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POSREDOVANJE



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ABOUT US

We want to raise youth awareness about sustainable development, encouraging them to personal growth and active participation in the local community.

The main goal of **O.A.ZA.** is to help young people's personal development for the greater benefit of local society and the world; this encompasses development in a physical, psychological, economical and spiritual sphere. We want to help youth in holistic development into well-rounded adults who will be able to evolve into responsible individuals who can take over leadership and make positive contributions to the development of society.

The type of leadership we want to inspire in young people is servant leadership which requires leaders to cultivate humility and respect for others – according to this principle, the leader is the caretaker of the people.

We are planning to accomplish the above-defined goals by exposing youths to various programmes and experts in different fields and by filling their leisure time in constructive ways with exchanges, volunteering, and different forms of non-formal and informal learning. Specifically, we are “modelling” young minds through a two-step approach: first, we are helping them develop a proper value system and become wholesome persons through workshops, personal coaching, mentorship, and volunteering in activities of our organisation.

The second step is to empower them to address burning local and global issues through three fields of activities:

- 1) personal development,
- 2) ecology,
- 3) socially Responsible Entrepreneurship





ON-ARRIVAL TRANSPORT

If you are arriving in Zagreb by plane you should take a shuttle bus from Zagreb Pleso Airport which will bring you to the Zagreb central bus station where we will pick you up.

The ride takes around 30 minutes, shuttle buses go every half an hour and cost 30kn (around 4.5 euros).

If you are arriving by train/bus we will pick you up at central train/bus station.

We will arrange each pick up individually through email communication (cooperate with us :P).

Once we pick you up we will bring you to the place where you will be accommodated during your EVS where there will be few copy of the keys you will share. We will instruct you on the flow of activities during the next few days.

CONTACTS AND EMERGENCY NUMBERS

Our office address:

O.A.ZA. - Održiva Alternativa ZAJednici

Petrićeva 5 (6th floor), 10000 Zagreb, Croatia

Tel: +385 1 550 3010

The mobile phone contacts of our key staff:

Andrea Rutnik	+385 98 978 2928
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HEALTH INSURANCE

Before your arrival, your **sending organizations** will register you for the CIGNA health insurance plan.

You will receive **confirmation of your Cigna registration** to your email address in which you'll find a link for activation of your insurance. After you activate it on your Cigna insurance profile you can find all relevant documents among which is also your Cigna Insurance Card (which you should print

ACCOMMODATION

You will be accommodated in a hostel in city of Zagreb. The rooms will be shared between 2-4 other volunteers on our project. Each room will have it's own bathroom while kitchen and living area space will be shared together between all volunteers. You will have shared places including kitchen, bathroom and living/dining room. The housing will have Wi-Fi and use of washing machine.

The rooms in hostel cannot be used for organizing parties, and you will have to respect the house rules of the hostel. You should also take proper care of the space, furniture and equipment and in case something is broken due to improper care you will have to replace it with your own means.

WORKING HOURS

Official working hours of O.A.ZA.s office are Monday-Friday, 9am – 5pm.

However, due to the participation in different events the working hours can vary and include work in the late afternoon/evening (5pm-9pm). You will be working **6 hours per day**, some days all done during our official office time and other days divided differently. On the beginning of each week we will let you know about the weekly schedule of working hours.



FOOD

The food provided during the project will be vegetarian/vegan. We know that most of you are not vegetarians and we are happy for your readiness to be a vegetarian/vegans on a 2 months trial during your EVS.

Promoting vegetarianism is important to us from two aspects – sustainability and nonviolence. The excessive consumption of meat in the modern societies has a big negative ecological footprint. We think it is important to correct this negative trend and show by example how it is possible to consume little or no meat at all, be healthy and eat tasty happy food!

The second reason we insist on alternative food habits is grounded in nonviolence, compassion and care for other beings, which we believe, makes us better humans in return.

To make this vegetarian experiment easier for you we have engaged an experienced vegetarian cook who has been working in vegetarian restaurants in Zagreb for several years. During the working week from Monday to Friday he will be preparing cooked opulent lunch. For breakfasts, dinner and meals over weekend you will be responsible yourself and we will provide you with food allowance.

POCKET/FOOD MONEY

Your monthly allowance will be **120 EUR** in Kuna equivalent (~ 900 kn, Croatian national currency) and you will receive the first payment within the first week of your arrival for the first month. The money will be paid out to you in cash.

For working days a vegetarian lunch will be provided to you by organization and you will receive 650 kn per month to cover the rest of the food expenses (breakfast, dinner and meals over weekend).



LOCAL TRANSPORTATION

Monthly transportation cards will be given to you so that you can use the city trams and city buses in Zagreb unlimitedly.

Please **send one scanned ID size photo** of you for this purpose!

PRESENTING YOUR COUNTRY & ORGANISATION

Don't forget to prepare a **little presentation about your country** and to bring something with you to show on intercultural gatherings which we'll be organizing while you are here.

Also prepare something about your organization to present it to the rest of the participants (a 10 minute presentation).

Remember that this is a great chance for you to promote your organization internationally and establish new partnerships and future cooperation.

WEATHER AND CLOTHES

Weather in **September, October and November** in Zagreb is in average **10 – 15 °C** during the day and **5 – 10 °C** during the night with some amount of rain.

There is a Medvednica mountain above Zagreb so bring shoes that can be used for easy hiking as we will go for one hike together. If you like you can explore the mountain further on your own and go for example to the mountain top Sljeme that all Zagreb citizens like so much.

We recommend you to bring some light clothes and some warm clothes.



HOW TO APPLY

Send your CV and motivation letter to:

volunteers@oazainfo.hr

Deadline application: 07/07/2017

APPLY FOR IT IF YOU DON'T HAVE IT YET

1. Cigna health insurance card
2. Universal EU health insurance blue card (if you have it or apply for it)
3. Before coming send us a scanned of your ID size photo (for local transportation card)
4. Item for intercultural event (such as typical food – but vegetarian, instrument, etc)
5. Information about your country/organization (10 min presentation)



WE ARE LOOKING FORWARD TO MEETING AND WORK WITH YOU :)

Andrea, Filip, Mile, Patrycja, Roberto, and Denu



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